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www.ArlingtonLRI.org

**Arlington Learning in Retirement Institute
Course Catalog**

Fall Term 2005: September 26 - December 16

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ALRI is a non-profit 501(c)(3) organization

ALRI

**Connecting
People, Community,
and Knowledge**

Arlington Learning in Retirement Institute

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ALRI Course Catalog Fall Term 2005

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Course Offerings

CATEGORY	SHORT TITLE	DAY	TIME	START	SITE*	COURSE NO.**
FINE ARTS, THEATER, & MUSIC	Opera's Top Ten	Tue	1:00 PM	Sep 27	CEC	103
	Inspiration in the Arts	Thur	1:00 PM	Oct 20	GMU	108
	Washington's City	Mon	10:30 AM	Oct 17	CEC	109
	Theatrical Costume Design	Mon	3:30 PM	Sep 26	CEC	114
	Museum Tours	Wed	10:30 AM	Sep 28	Varies	118
	Dance as Art	Wed	3:00 PM	Oct 5	GMU	120
HEALTH & WELLNESS	Estate Planning	Wed	1:00 PM	Oct 19	MAD	202
	Science and Medicine	Thur	1:00 PM	Sep 29	GMU	204
	Health Care	Wed	9:00 AM	Oct 19	MU	210
HISTORY	Vesuvius and Pompeii	Thur	10:30 AM	Sep 29	MAD	303
	Perspectives in World History	Tue	10:00 AM	Sep 27	GMU	310
	Ottoman Empire	Tue	9:00 AM	Sep 27	MU	313
	Lee vs. Grant	Mon	9:30 AM	Sep 26	CEC	314
	Remember the Ladies	Tue	CANCELLED		GMU	322
LAW, POLITICS, & POLITICAL AFFAIRS	Public Policy Issues	Mon	10:00 AM	Oct 17	CEC	410
	US Congress	Tue	11:15 AM	Oct 11	CEC	414
	EU Superpower?	Thur	11:15 AM	Oct 27	CEC	418
	Global Economy	Tue	3:00 PM	Sep 27	CEC	420
	International Relations on Film	Tue	1:00 PM	Oct 11	GMU	422
LITERATURE & WRITING	Poetry of Robert Frost	Thur	1:00 PM	Oct 6	MAD	510
	Creative Writing	Tue	9:00 AM	Oct 18	CEC	515
	Bible and Public Policy	Wed	3:00 PM	Sep 28	CEC	520
	Comedy in the City	Wed	1:00 PM	Sep 28	CEC	525
SCIENCE & TECHNOLOGY	Naturalist's Tour	Wed	1:30 PM	Sep 28	Varies	603
	Food Science	Wed	2:30 PM	Oct 26	CEC	608
	Everyday Science	Wed	11:15 AM	Oct 5	MAD	610
SOCIAL SCIENCES	Power of the Press	Wed	10:00 AM	Oct 19	CEC	702
	Alternatives to Violence	Wed	11:15 AM	Sep 28	MAD	706
	Islam	Thur	9:30 AM	Oct 6	CEC	708
	Enneagram	Tue	1:00 PM	Sep 27	CEC	711
	Planning in Arlington	Thur	10:30 AM	Oct 20	CEC	712

* Explanations of Site codes appear inside back cover.

** Course numbers appear sequentially in the catalog together with full titles, descriptions and instructor information.

General Information

WHAT IS ALRI?

The Arlington Learning in Retirement Institute (ALRI) is a non-profit volunteer organization offering a wide variety of college-level, non-credit courses, lectures, special events, and activities to help meet the continuing educational and social interests of anyone over fifty years old. ALRI is governed, supported, and financed by its members. ALRI is a 501 (c) (3) non-profit organization.

Our volunteer instructors are retired or working professionals from government, academia, think tanks, and private industry. They create an exciting learning environment with free exchange of ideas about a wide variety of subjects. Members participate in class discussions, enjoy the challenge and excitement of exploring new ideas, and develop new friendships. (There are no tests, no papers, and no grades.)

ALRI is affiliated with: George Mason University; Marymount University; Arlington Public Schools, Adult Education Program; Arlington County, Senior Adult Program; and the Elderhostel Institute Network. They support ALRI with classroom space, instructors, and administration.

BENEFITS OF ALRI MEMBERSHIP

- Engage in stimulating classes at convenient Arlington locations
- Meet and socialize with new people who have similar interests
- Receive a quarterly newsletter
- Form and participate in clubs
- Attend special events such as field trips, lectures, and concerts
- Share expertise in a wide range of ALRI volunteer activities

MEMBERSHIP INVOLVEMENT

Because ALRI is an open, all-volunteer organization, member involvement is essential. Members are encouraged to participate on any of ALRI's varied committees and to help plan future

events, lectures, and ideas for courses. Members are encouraged to propose suitable instructors and/or to teach courses themselves.

ALRI MEETINGS AND SPECIAL EVENTS

OPEN HOUSE

Each spring and fall ALRI holds an open house offering an opportunity to hear many of the instructors describe their course material. The Fall Open House will be held at George Mason University's Arlington Campus, Room 329 from 9:00 am to 12:00 pm on Friday, September 9, 2005.

ANNUAL MEMBERSHIP MEETING

ALRI holds an annual membership meeting, normally in June, to elect Board members and to discuss future courses and events.

SPECIAL EVENTS

Special events for members scheduled throughout the year include: tours, speakers, concerts, and other activities. Advance announcements allow members to coordinate their schedules. See the **Special Events section** in this catalog or, for the most up-to-date information, check the ALRI website (www.ArlingtonLRI.org).

CURRICULUM AND LOCATIONS

ALRI offers courses in a wide range of categories: Fine Arts, Theater, and Music; Health and Wellness; History; Law, Politics, and Public Affairs; Literature and Writing; Science and Technology; and Social Sciences. Classes are scheduled Monday through Friday, 9 am to 5 pm. Classes meet once a week, for one-and-a-half to two hours, and the courses last from 4 to 10 weeks. Class sizes generally range from 6 to 25, with instructors making the final decisions about individual class sizes.

Many of the classes are held at the Arlington Public Schools' Clarendon Education Center (CEC), near the Clarendon Metro station. Other locations include George Mason University's Virginia Square Campus (GMU), Madison Community Center

(MAD), Marymount University's Ballston Campus (MU), and Lyon Village Community House (LV). Class locations are listed above the individual course descriptions. If no location is listed in the catalog, registrants will receive the information before the class begins. Please note that some class locations may be changed to the Lyon Village Community House if registration exceeds the designated site's capacity. Refer to the Maps and Directions page on the inside back cover of this catalog for transportation and parking options.

INCLEMENT WEATHER POLICY – OTHER SPECIAL CLOSINGS

If Arlington Public Schools (APS) cancels classes due to inclement weather or other civil emergencies, all classes held at the following sites are cancelled: CEC, LV, and MAD. If APS announces a delayed opening, classes at CEC and LV scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule. However, classes at MAD scheduled to begin during a morning delay will resume at noon.

If George Mason University–Arlington cancels classes, classes held at GMU are cancelled. If GMU announces a delayed opening, classes at GMU scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule.

If Marymount University cancels classes, classes held at MU are cancelled. If Marymount University announces a delayed opening, classes at MU scheduled to begin during the delay are cancelled; those scheduled to begin after the delay will proceed on schedule.

To learn the most up-to-date information:

- Listen to the radio or watch television
- View Arlington Cable
- Go on-line to www.arlington.k12.va.us
- Call the APS toll-free hotline at 1-866-322-4APS
- Call GMU at 703-993-1000 or go on-line to www.gmu.edu

Any other cancellations will be announced by email (and telephone, if necessary) in advance of the class.

ADA COMPLIANT FACILITIES

All ALRI sites have facilities that meet ADA Standards. If a member experiences disability-related difficulties in class participation or other concerns, he or she should contact the classroom aide or call ALRI.

MEMBERSHIP AND REGISTRATION

ALRI membership is \$55 per year beginning the first month in which the dues are paid. It is nonrefundable. All memberships are individual. Each family member must join separately. ALRI is a non-profit 501(c)(3) organization. The membership fee is a charitable contribution deductible from income taxes to the full extent permitted by law.

Only ALRI members may register for a course. The fee for each course (in addition to the annual membership) is \$45. Membership application and course registration forms appear in this catalog. These forms may be duplicated for additional copies. In addition, the membership form can be found in the Arlington Public Schools' Adult Education catalog and membership and registration forms are available for downloading on the ALRI website at www.ArlingtonLRI.org. Only current forms should be used.

Members are encouraged to pay by credit card, and preferably on-line at the ALRI website, but may pay by check. The course registration form and payment may be submitted with or after the membership form and membership payment.

**ANNUAL MEMBERSHIP FEE IS \$55
FEE FOR EACH COURSE IS \$45**

Unless joining or registering on-line, both the membership applications and the course registration forms, accompanied by credit card information or check(s), should be mailed or delivered to:

**ADULT EDUCATION / ALRI
2801 Clarendon Boulevard, Suite 306
Arlington, VA 22201**

REGISTRATION PROCEDURES

Fall class registration begins on September 2 at 9 am. This includes both on-line and paper registration requests. See On-Line Registration Instructions on page 17. Paper registration requests received via mail or dropped-off at the ALRI cubicle prior to September 2 will be processed randomly starting on that date. Requests received thereafter will be processed in the order received. No phone registrations are accepted. Late registration may be possible with the permission of the instructor. Current registration levels are posted on the ALRI website: www.ArlingtonLRI.org.

NOTIFICATION AND REFUNDS

Registration acceptance information will be mailed to members beginning in mid-September. The fee for any oversubscribed or otherwise closed course will be refunded or applied to an alternate course at the member's option. ***Members desiring to drop course(s) before the semester begins will receive a full refund upon written request received by ALRI at least FIVE working days before the course begins (mail or e-mail, or by phone with immediate mail or e-mail follow-up). Any other request for a course fee refund must be explained in writing and will be considered on an individual basis.***

CLASSROOM AIDES

Members are encouraged to volunteer as a Classroom Aide for one of the courses they plan to attend. Aides are a vital component of ALRI's operation and are recognized as such by the coverage of their parking expenses while assisting their class. Class aide functions include communicating ALRI information to the instructors and their fellow class participants, and assisting instructors with their equipment and copying needs. They provide a valuable interface between other ALRI volunteers, the ALRI Administrator, and the class attendees. See registration form to volunteer as a classroom aide.

BECOMING A "FRIEND OF ALRI"

Members, friends, and organizations can support ALRI with financial gifts. These funds help ALRI

acquire classroom equipment and help reduce administrative costs. Inasmuch as ALRI is a non-profit 501 (c) (3) organization, any donation is a charitable contribution deductible from income taxes to the full extent permitted by law.

CLUBS

ALRI encourages establishing educational and social clubs within the organization as a means of promoting lifelong learning and personal growth. Club membership is open to all ALRI members in good standing. There are currently seven clubs: Travel, Cinema, Bridge, Book, Irish, Ethnic Lunch, and Current Issues. Visit the ALRI web site for details.

DISCRIMINATION AND ACADEMIC FREEDOM

Arlington Learning in Retirement Institute does not unlawfully discriminate on the basis of age, sex, race, color, religion, disabilities, or national origin in membership, employment or in its educational programs or activities. ALRI subscribes to the Academic Freedom policy of the American Association of University Professors that holds, all viewpoints should be respected, regardless of their conformance with generally, or currently, accepted views.

PRIVACY POLICY

The Arlington Learning in Retirement Institute (ALRI) is committed to protecting member privacy and to ensuring the security of personal information collected. ALRI does not sell or lend out member information. ***The e-mail addresses in the ALRI data base are especially valuable resources for communicating last minute changes as well as special event announcements, and members are urged to keep ALRI's administration informed when e-mail addresses (or phone numbers) are changed.*** A complete ALRI Privacy Policy Statement is available from the ALRI Administrator and on the ALRI website at www.ArlingtonLRI.org.

Fall Term Courses

See Site codes on Inside Back Cover



Fine Arts, Theater and Music

103 Opera's Top Ten

Instructor: *John Edward Niles*

- Tuesday, 1:00-2:30
- Sept 27 - Nov 1
- CEC
- 6 sessions

What makes a particular opera important in the long history of the art form? Is it the subject matter addressed in the text, the form of the musical composition, or, perhaps, the method of combining the various elements of the production?

This course will examine in depth the instructor's candidates for the 10 most important operas written in the past 400 years: Monteverdi's *Poppea*, Mozart's *Così fan tutte*, Beethoven's *Fidelio*, Nicolai's *The Merry Wives of Windsor*, Bizet's *Carmen*, Wagner's *Die Meistersinger von Nürnberg*, Strauss's *Der Rosenkavalier*, Puccini's *Tosca*, Gershwin's *Porgy and Bess*, and Britten's *Peter Grimes*. With the help of audio-visual aids, the class will study each opera and the time period in which it was written, and discuss the reasons for its inclusion in the top 10 list.

John Edward Niles is Artistic Director and Conductor of the Opera Theater of Northern Virginia, Musical Director of Colva Productions, Inc. USA, and Program Director of the Evelyn Lear & Thomas Stewart Emerging Singers Program of the Wagner Society of Washington, DC. From 1987-1998, he worked with European/American productions of Hannover in Germany. He also has conducted at the Prague Eurofest, ScanMus in Helsinki, WorldMusic, Inc. in Linz, Austria, the Virginia Opera, and the PG Opera.

108 Inspiration in the Arts

Instructors: *GMU Faculty*

- Thursday, 1:00 - 2:30
- Oct 20 - Nov 17
- GMU
- 5 sessions

Moby-Dick: An Overview. (*Roger Lathbury*)

An account of where *Moby-Dick* fits into Herman Melville's career and American literature, with an explanation of the central concern of the novel: Melville's anxiety-ridden query into the nature of the universe.

Assigned Reading: *Moby-Dick*

Recommended Reading: *Billy Budd* and *Bartleby the Scrivener*

Painting and Politics in 19th and 20th Century Germany. (*Marion Deshmukh*)

Germany was transformed from a collection of small states in the middle of the 19th century to a great European and world power by the turn of the century. World Wars I and II and the postwar divisions dramatically altered Germany's government and culture. This lecture will describe the relationships between the politics of the 19th and 20th centuries and the artistic changes reflecting and, on occasion, opposing the politics.

Science in the Theater. (*Daniele C. Struppa*)

More and more frequently, science is the main subject of important theatrical works. Two examples are the play *Proof*, in which a young mathematician discovers her father's proof of a great new theorem; and *Copenhagen*, about a mysterious meeting between physicists during World War II. We will illustrate how playwrights use science in a variety of ways when writing their works. Science can be used as part of the plot, as a source for a metaphor or, finally, as the underlying structure for the play itself as is clearly the case in the play, *now then again*.

Recommended Readings: Plays to be discussed in class – *Proof*, *Copenhagen*, and *now then again*.

Afro-Cuban Diaspora of Music and Dance (*Jim Lepore*)

Through lecture and demonstration, the class will explore the West African roots of popular culture in the Americas. Emphasis will be placed on dance and music of the Caribbean and its influence on North America.

Recommended Reading: *Caribbean Currents* (Chapters 1 & 2) by Peter Manuel

Mathematics and Music (*Daniele C. Struppa*)

The fact that music can be described in mathematical terms has been well known for several millennia, and in fact, the connection between music and mathematics is one of the pillars of Pythagorean philosophy. In this talk, the class will explore these connections with examples taken from early Greek mathematics, philosophy, early astronomy and, of course, music. We will also show how contemporary musicians have interpreted this connection by looking at some of the groundbreaking work of the Romanian-Greek-French composer Xenakis who, like the Italian-Greek Pythagoras 2500 years earlier, uses mathematics to create music.

Roger Lathbury, who finds describing himself embarrassing, was born in New York and attended Middlebury College and Indiana University. He doesn't have a PhD, but he has written half a dozen books. He runs his own publishing company, collects glass paperweights, speaks French, and was once a Bob Dylan adept.

Marion Deshmukh teaches German and European history and art history, specializing in courses on the Third Reich Holocaust, and metropolitan cities of the 19th and 20th century Europe. Her research and publications have focused on German Impressionist painters and politics, post-World War II arts policies in occupied Germany, and on the arts in the former GDR. She is the recipient of a Fulbright award, German Academic Exchange Fellowships and a J. Paul Getty Fellowship. She regularly lectures for the Smithsonian Institution and is on the editorial board of German Studies.

Daniele C. Struppa is Dean of the College of Arts and Sciences at George Mason University, where he has been Professor of Mathematics since 1988. His field of mathematical expertise includes the study of algebraic methods for solution of differential equations. Such methods

are the natural evolution of ideas which first originated from projective geometry around the middle of the last century.

Jim Lepore, Associate Professor of Dance at George Mason University, performed with the Jose Limon company and Caroly Carlson's Le Fenice Dance/Theater. He has choreographed and instructed workshops nationally and internationally. Since 1966 he has directed Afro-Cuban dance workshops in Santiago, Cuba.

109 George Washington's City

Instructor: **Don Hawkins**

- **Monday, 10:30 – 12:00**
- **Oct 17 - Nov 21**
- **CEC**
- **6 sessions**
- **Minimum of 10 participants**

Long before the constitution was adopted, George Washington was determined to plant a prosperous trading, manufacturing and governing city on the Potomac River. This course will rely heavily upon Washington's own written record of involvement in its conception, planning, design and construction to tell a highly detailed and complex story. From his encouragement of L'Enfant's sense of grandeur to his own speculative construction of rooming houses, he was involved in every aspect of the creation of the federal city. Students will learn how he handled hypersensitive designers, his own feuding cabinet members, optimistic investors, pessimistic landowners and a wealth of dreamers, swindlers and incompetents. His letters repeatedly demonstrate the highly refined sense of balance required for success in that volatile period. Images, many unpublished, of the maps, plans and buildings which were the subjects of his concern fill out this intriguing and important story.

Optional Field Trip: to be determined

Don Alexander Hawkins is a native Washingtonian who studied Architecture at The Architectural Association, London; Carnegie Institute of Technology, Pittsburgh; and received a Master of Urban Design and Architecture from Catholic University, Washington, DC. He has been an architect in private practice in Washington, DC, since 1967. He has published many articles and maps and speaks frequently on Washington's beginnings and development.

114 Theatrical Costume Design: The Challenge of Fitting Clothes to Character

Instructor: *Howard Vincent Kurtz*

- Monday, 3:30 – 5:00
- Sept 26 - Oct 31 (No class Oct 10)
- CEC
- 5 sessions

The main role of a costume designer in any theatrical production is to design clothing that will give the audience better insight into the characters portrayed. How does a designer determine an appropriate wardrobe for each character?

This course will introduce the principles and terminology of theatrical costume design and discuss the steps required to dress the characters in a variety of plays. The instructor will use as examples several plays he is working on or has worked on in the past. In the process, students will learn about the historical research involved. They also will develop skills in interpreting characterization in a script to better choose from among clothes appropriate for a given historical period, items that best express the nature of the play's characters.

The instructor will provide design tools and supplies for the class to use, but artistic skill is not required to enjoy the course.

Excerpts from the plays to be discussed will be provided for each student.

Howard Kurtz is Assistant Professor of Theater at George Mason University, where he received an "Outstanding Teacher" award in 2001. He has worked in television, film and stage, including many theaters in the Washington area such as Arena Stage, Kennedy Center, Folger and Olney. Nominated for three Helen Hayes Awards, he was awarded one for "Outstanding Costume Design." He also serves as costume textile curator for the Hillwood Museum.

118 Museum Tours: Painting and Sculpture in Western Art Since 1200 A.D.

Instructor: *John M. Schnorrenberg*

- Wednesday, 10:30 – 12:30
- Sept 28 - Nov 23 (No class Oct 12)
- Varied Museum Locations
- 8 sessions
- Maximum of 12 participants

A history of European and American painting and sculpture since 1200 A.D. told through looking at works in Washington art museums. Study of select works in the Renwick and Corcoran Galleries, the National Gallery of Art (four meetings), the Freer Gallery, the Phillips Collection, and the Hirshhorn Museum. Discussion of technique, style attribution, dating, subject matter, and the history of collecting and art museums.

All meetings will be walking tours of the galleries. All are handicapped-accessible and within a maximum of three blocks from a Metro station. Entry fees are charged at the Phillips and the Corcoran – the others are free. Details of the course will be distributed at the first class meeting, which will begin at the Renwick (Farragut North or Farragut West Metro).

John M. Schnorrenberg is an art historian who taught courses in ancient, medieval, northern renaissance, and modern art and architecture at three universities and also in four previous terms since 2003 for ALRI.

120 Dance as an Art Form

Instructor: *Dan Joyce*

- Wednesday, 3:00 – 4:30
- Oct 5 - Nov 16
- GMU
- 7 sessions
- Minimum of 7 participants

This course will cover the history and development of dance in the 20th century. The revolutions that occurred in Western dance, transforming it into forms and institutions radically different from their predecessors will be explained. Modern dance

and ballet, as well as dance in film and musical theater will be explored, examined and discussed in class. The work of George Balanchine with the New York City Ballet will be a focus, along with the American Ballet Theatre and the influence of Russian and British choreographers. Our study of modern dance will showcase innovative pioneers like Isadora Duncan, Ruth St. Denis, Doris Humphrey and Martha Graham and will show how Graham inspired Jose Limon, Merce Cunningham and Paul Taylor. Contemporary artists such as Twyla Tharp, Bill T. Jones and Mark Morris will be discussed. In the area of film and theater, we will look into the achievements of Busby Berkeley, Hermes Pan, Fred Astaire and Gene Kelly, as well as Bob Fosse, Gower Champion and Michael Bennett. The work being done on Broadway and in movies today will complete our review of the dance world. The course will utilize lecture, discussion and video presentations, along with some suggested readings and optional performance attendance.

Readings will be recommended in class.

Students will be encouraged to attend recommended local dance events. There may be various related costs for these events.

Dan Joyce received his BFA in dance from the North Carolina School of the Arts and his MFA from George Mason University, where he has been an assistant professor in the Dance Department since 1999. A professional dancer for fifteen years, he was a member of the Mark Morris Dance Group from 1988-1998. In addition to teaching at GMU, he has also choreographed for the University Dance Company and the Theatre of the First Amendment. He makes his home in Arlington, VA.



Health and Wellness

202 Understanding the Fundamentals of Estate Planning plus Advance Health Care Directive (AHCD) Workshop

Instructor: **Sarah Parks**

- Wednesday, 1:00 - 2:30
- Oct 19 - Nov 23
- MAD
- 6 sessions

This course will devote one session each to the following components of estate planning:

1. Financial and Medical Powers of Attorney
2. What is Probate, and Do I Need to Avoid it?
3. Use of Wills and Trusts
4. Accumulating Records Necessary to Settle an Estate
5. Advance Health Care Directive Workshop
6. Maintaining Your Independence and Quality of Life

The fifth session is a workshop on the Advance Health Care Directive (AHCD), a power of attorney allowing you to make choices about medical care you will receive during periods of incapacity (to avoid being in a Terry Schiavo-like situation). The workshop will feature a lecture, followed by a period to complete the AHCD document, with help from the instructor if needed. Recommended book, *Hard Choices for Loving People*, applies to this session. Students will be permitted to have time between the 5th and 6th classes to consider choices to be made on directive, with signing after the 6th class.

The sixth session will be a class that emphasizes information that retirees might use in considering choices in retirement living facilities, as well as information on legal and other issues involved in maintaining financial and medical independence in case of incompetency. Lecture will be followed

by a period of time in which to sign Health Care Directives.

Recommended Reading: *Hard Choices for Loving People* by Hank Dunn

Sarah Parks, an attorney specializing in estate planning, is a graduate of Randolph-Macon Woman's College in Lynchburg, Virginia. She has a law degree from George Mason University School of Law and a Master's in Taxation from Georgetown University Law Center. Sarah is the mother of three and lives with her husband and children in Fairfax.

204 Science and Medicine Today

Instructors: *GMU Faculty*

- Thursday, 1:00 – 2:30
- Sept 29 - Nov 17
- GMU
- 8 sessions

Aimed at non-scientists at a popular level, these eight sessions presented by GMU faculty will take you through the latest in the realm of science and health. Learn about several of the most interesting and timely investigations in Science and Medicine. Many of these topics are pertinent to our own lives. Most are in today's news.

1. **Osteoarthritis and Cartilage.** (*Geraldine Grant*) Osteoarthritis (OA) and cartilage damage affects us all eventually, leading to decreased mobility and quality of life. Currently more than 20 million people in the US alone have OA. What causes OA and how do we treat it are the questions currently being approached by researchers.
2. **Exciting New Urologic Developments Related to Women's and Men's Health.** (*Wm. Lloyd Glover, Jr.*) The class will explore the signs, symptoms, exciting new treatment options and side effects related to urinary incontinence, prostate enlargement, erectile dysfunction, prostate cancer and overactive bladder.
3. **Basic Mechanisms and Approaches to Gene Therapy.** (*Ancha Baranova*) This

lecture will cover the modern therapeutic approaches to treating inherited human diseases and cancer. This session will include a review of the basic mechanisms and approaches in gene therapy, a review of the current clinical trial efforts, gene targeting and immune therapeutics.

4. **Regenerative Medicine: Unlocking the Promise of Stem Cells.** (*Daniel N. Cox*) Discussion of the fundamental properties of stem cells with a specific focus on their regenerative capacity as it relates to the development of novel therapeutic applications for diseases such as diabetes and Parkinson's. Criteria for successful stem cell-based gene therapy and technical limitations will also be addressed.

Recommended Websites: www.isscr.org;
www.stemcells.nih.gov/info/basics;
www.stemcellresearch.org;
www.stemcell.harvard.edu

5. **Deciphering the Molecular Mechanisms of HIV-1/AIDS Disease.** (*Yuntao Wu*) The HIV-1/AIDS pandemic affects approximately 40 million people worldwide. Two decades of scientific research have led to a better understanding of HIV. This lecture will cover current knowledge about molecular aspects of HIV-1 and its interaction with host cells. It will also cover principles of current drug therapy.
6. **The Road from Single Cells to Homo Sapiens.** (*Michael Emsley*) Hear an evolutionist's view of the historical pathway that has led to modern man with its implications for current health and social issues. Such issues include alternative (non-evolutionary) interpretations of the fossil record, some genetically-based racial characteristics, and the impact of pollution and food technology on health.

Recommended Reading: *The Story of Life*, Tresouthwood, 2004; *A Short History of Nearly Everything*, Bill Bryson, 2003

7. Insect Mimicry— Self Preservation All Over Again. (*Michael Emsley*) Color transparencies will illustrate how insects simulate inanimate objects (bird feces), and plant structures (thorns, bark, living and dead leaves), and even other animals—all to escape predation. Special attention will be given to a remarkable mimetic association between two species of South American butterflies.

8. “Rabbit Fever Got You Down?” What’s New in Defense against Biothreat Agents. (*Monique van Hoek*) This lecture will be a discussion of the science and politics of biothreat agents.

Geraldine Grant is an Associate Professor at George Mason University, Molecular and Microbiology Department, studying Cartilage Biology, Osteoarthritis and Fibrotic disease.

Wm. Lloyd Glover, Jr., MD, is a clinical Professor of Urology at GWU. He is a former President of the Washington Urologic Society and the Virginia Urologic Society. He has been in practice at Fairfax Urologic Center since 1974, advancing the state of the art in the treatment of urologic disease and conditions.

Ancha Baranova is an Assistant Professor at George Mason University, Molecular and Microbiology Department. Her major research interests include functional genomics, especially in connection with human diseases such as cancer, diabetes and obesity.

Daniel N. Cox received his PhD from the University of California-San Francisco. He is currently with the Department of Molecular & Microbiology, George Mason University. He was a recipient of the Jane Coffin Childs Postdoctoral Fellow, Cell & Developmental Biology, Duke University. His research interests are in stem cell biology, neurobiology & behavior.

Yuntao Wu is an assistant professor in the Department of Molecular and Microbiology at George Mason University, studying HIV-1 infection of human CD4 T cells. He received his PhD in Virology from Queen’s University at Kingston, Canada, and postdoctoral training from the National Institutes of Health.

Michael Emsley, Professor Emeritus, GMU Department of Biology, received his BSc and PhD in London. He served as a cotton entomologist in Nigeria, worked at the West Indies University, Trinidad, the William Beebe Tropical Research Station in Trinidad, and at the Philadelphia Science Museum before teaching at GMU from 1969-1998. He has written fifty papers and books in his field.

Monique van Hoek is a Research Associate Professor in the Department of Molecular and Microbiology, and does her research in collaboration with the National Center for Biodefense at George Mason University. Her research focus is on the host-pathogen interactions of different species of *Francisella*.

210 Health Care for You and Your Country

Instructor: *N. Thomas Connally*

- Wednesday, 9:00 – 10:30
- Oct 19 - Dec 7
- MU
- 8 sessions

In eight sessions, this course will focus on problems in the delivery of health care and how they affect you, your family and our society.

- 1. An Overview of the Problems of Increasing Costs, Quality Deficiencies, and Access for All Americans.** You should be on your way to being an expert by the end of this session.
- 2. Will Your Primary Care Doctor Make Enough Money to Have the Time to Listen to You?** A review of the reorganization of the way doctors will be paid and run their practices. A strategy to renew the vigor and quality of primary care.
- 3. The Special Case for Medicare.** Is it going to go broke? Will we have to “ration” care for the oldest Americans? How we can save it.
- 4. The Growing Number of Uninsured.** A concern for our economy and our “values.” How this can be dramatically improved.
- 5. Why Do Medicines Cost So Much?** An overview of the American pharmaceutical industry, with emphasis on research and development vs advertising and promotional costs. Can Medicare really lower your drug costs?
- 6. The Malpractice Litigation Mess.** Are plaintiffs’ lawyers damaging our health care system, or are they the last defenders of quality

care? A look at what an ideal system should accomplish and how we can get there.

- 7. The Reemergence of the Microbes.** In 1970, it appeared the vast majority of future health problems would be with degenerative diseases – cardiovascular problems, cancer, arthritis, dementia. The past 25 years have seen the reemergence of many new infections, discovery of infectious causes of old diseases, and fear of pandemics or bioterrorism. We will look at how as individuals and as a society we can prepare for these problems.
- 8. Back to Prevention.** Where we are going in preventive medicine as a society, and how older individuals can avoid the hospital and the nursing home. Smoking, obesity, exercise, and mental health trends, and advice will be covered.

Assigned Reading(s): Instructor will furnish brief handouts

N. Thomas Connally has a BA in Philosophy with Honors, UVA, 1958, MD, UVA 1962. He has had a private practice of Internal Medicine for 33 years. He is a Clinical Associate Professor of Medicine at Georgetown University and is the author of *The Third Third, A Guide to Health and Happiness after Age 60*. He has made numerous presentations, and has published, on health policy.



303 79 AD: Vesuvius and Pompeii – Hot Time in the Old Town

Instructor: **Thomas K. Wukitsch**

- Thursday, 10:30 – 12:30
- Sept 29 - Dec 8 (No Class Nov 24)
- MAD
- 10 sessions

You think you know what happened to Pompeii in August of 79 AD, but whatever you learned before 1991, when Mt. Pinatubo erupted, may well be wrong. Don't blame yourself – the world's top volcanologists had it wrong too, and it cost some

of them their lives in the Philippines. Only since Pinatubo have we understood the two-stage phreatomagmatic events that overwhelmed Pompeii. The "Plinian" phase was easy. It was the "Pelean" phase that did all the serious damage and killed all those famous "petrified people." We'll study what happened, what was there before, the immediate and long-term aftermath, and the eventual rediscovery. And we'll discuss some little-known facts including the two earlier total-destruction levels under Roman Pompeii and the higher casualty rate in 1631 than in the 79 AD blowout. Could it happen again? Volcanologists say yes, and now there are 1.5 million people living in the danger zone. Is it still the most dangerous volcano in the world? Only if you don't count Washington State's Mt. Rainier – many volcanologists say Rainier surely will have a bigger pop. Want a real chill? Read about the Yellowstone Super Volcano at <http://www.solocomhouse.com/yellowstone.html>.

Course materials will be on-line at recommended website:

<http://www.mmdtkw.org/ALRItkwPages.html>

Tom Wukitsch served in the US Navy and then had a career as a member of the Foreign Service, specializing in the Middle East and Western Europe. He also served several tours of duty in the State Department's Intelligence and Research Bureau. After retirement from the State Department, he spent four years in Rome studying and teaching Rome's history, archeology, art, and architecture. He is on the advisory board of SMATCH (Scientific Methodologies Applied to Cultural Heritage), an international nonprofit organization.

310 Perspectives in World History

Instructor: **Peter N. Stearns**

- Tuesday, 10:00 – 11:30
- Sept 27 - Oct 18
- GMU
- 4 sessions

What are some key issues in world history and how do they shed light on our world today? This course will offer brief "case studies" of the world history approach, each drawn from a major world history period and each designed to explore current challenges in the field.

- Social inequity and comparison of social systems in the classical civilizations.
- The Islamic Middle East as the first world-class civilization and how it compares to the later West as a world power.
- How does the United States fit into world history?
- What globalization means from a world history perspective.

Peter Stearns, Provost of George Mason University, is widely published and regularly teaches world history and social history. Before coming to George Mason, he taught at Harvard, where he received his PhD, and at the universities of Chicago and Rutgers. At Carnegie Mellon, he served as Dean of the College of Humanities and Social Sciences. He is a past Vice President of the American Historical Association and currently serves as chair of the Advanced Placement World History Committee and as editor-in-chief of the *Journal of Social History*. Author or editor of more than 85 books, his new work, *Global Outrage: The Impact of World Opinion on Contemporary History* was released this year.

313 Ottoman Turks in Western History

Instructor: *Oscar Clyatt*

- **Tuesday, 9:00 – 10:30**
- **Sept 27 - Nov 29**
- **MU**
- **10 sessions**

This course traces the history of the Ottoman Empire from the early fourteenth century when a small band of marauding Turks led by Osman (hence “Ottomans”) began to shape the empire. They quickly expanded it to embrace the dying Arab califates, the moribund Byzantine-Greek Empire and the newer Slavic states of Southeastern Europe. At its height it ruled the Middle East, North Africa, much of Southern and Central Europe, and even Southern Russia. Within little more than a century, the Ottomans had subjugated these vast, diverse areas and turned their attention toward Vienna and the West, after conquering Constantinople (Istanbul) in 1453. They developed an Islamic society, state, and an army and navy that could challenge any power, or combination thereof, in late medieval-early modern

Europe. They were stopped only at Lepanto, on the Adriatic Sea in the late sixteenth century (1571) by an allied fleet commanded by Don John of Austria, and at the gates of Vienna in 1683 by the troops of the legendary Austrian Prinz Eugen and the Polish King Jan Sobieski. During the centuries-long rollback of the Ottoman Empire by the West, the two vastly different warring systems interacted in complex ways to produce unique variants and changes in all the former Ottoman lands (including the present Republic of Turkey), creating problems we still contend with today.

Assigned Reading: *Ottoman Centuries*, by David Balfour, Lord Kinross

Recommended Reading(s): Professor Bernard Lewis, *The Emergence of Modern Turkey*. Others to be discussed.

Recommended Website: University of Istanbul, Bilkent University Ankara

Field Trip: Turkish Embassy. No cost.

Oscar Clyatt, FSO in Turkey, Russia, New Guinea, the Balkans, Caucasus, and Central Asia, studied history at Berkeley and Leningrad. He was a fellow at Hoover, RAND, and the National Institute for Strategic Studies at the National Defense University. He studied at the National War College. He has taught history at Hendrix College in Arkansas and published *Bulgaria Turns Toward the West* at NDU.

314 Lee vs. Grant: The 1864 Overland Campaign

Instructor: *Robert Stone*

- **Monday, 9:30 – 11:00**
- **Sept 26 - Nov 28 (No Class Oct 10)**
- **CEC**
- **9 sessions**

The course will follow this pivotal Civil War campaign between two legendary American commanders, Robert E. Lee and Ulysses S. Grant. We will study the political and military situation in March 1864 when General Grant was named the Union Army General-In-Chief by President Lincoln. Then we will follow the movements and the battles that would eventually lead to the Confederate surrender at Appomattox Court House. The major battles that will be covered include The

Wilderness, Spotsylvania, North Anna, Cold Harbor, and the initial assaults on Petersburg. Class emphasis will be on the personalities and actions of the commanders on both sides because, to understand a battle or campaign, you must first understand the men who fought them. The course comprises nine lecture/discussion sessions. The instructor will sponsor an optional one-day tour of The Wilderness and Spotsylvania battlefields for those students who wish to participate.

Bob Stone has a BS in Education from West Virginia University. He worked for the Arlington County Government for 36 years and taught classes at Northern Virginia Community College. He has studied the Civil War extensively for over 40 years and has taken adults on tours of local battlefields. He previously taught a course on the Gettysburg campaign.

322 Remember the Ladies: Feminism in Britain and the US

Instructor: *Barbara Schnorrenberg*

- Tuesday, 11:15 – 12:45
- Sept 27 - Nov 1
- GMU
- 6 sessions

We will discuss various aspects and definitions of feminism and how they came to be enunciated and activated in the lives and works of women on both sides of the Atlantic from the seventeenth to the twenty-first century. Votes, jobs, education, property, and parental rights are all issues to be faced. Among the women to be considered will be Ann Hutchinson, Mary Astell, Abigail Adams, Mary Woolstonecraft, Lucretia Mott, Elizabeth Cady Stanton, Caroline Norton, Susan B. Anthony, Josephine Butler, Alice Paul, and Emmeline Pankhurst.

Barbara Schnorrenberg, an independent historian whose specialty is eighteenth-century Britain, published a number of articles and encyclopedia entries on women and social history of this period. She taught at the University of North Carolina, Greensboro and Chapel Hill, and at the University of Alabama. She is an historian who researches and publishes in British and American women's history.



Law, Politics and Political Affairs

410 Public Policy Issues Which Affect Us Now and in the Future

Instructors: *Economic Specialists*

- Monday, 10:00 – 11:30
- Oct 17 - Nov 21
- CEC
- 6 sessions

This lecture/discussion course will address issues which will have the attention of the Administration and Congress over the coming months. The first two sessions will cover Social Security and Health Care issues. The next two sessions will discuss the US Trade Deficit and the US Budget Deficit and its implications. The fifth session will cover Energy Policy, and the final session will be on Climate Change.

Major Policy Issues. (*Margaret Goodman*) The social safety net provided by the US Government is in question because of: (1) changing philosophy about government vs. individual responsibility; (2) increasing cost of coverage; and (3) ability of the US to compete globally. Lectures will discuss Social Security and health benefits in a comparative setting with other countries' experiences.

The Budget Deficit and the Trade Deficit: What is the Connection? (*Gail E. Makinen*) During the first half of the 1980s, the federal budget deficit and the international trade deficit moved together and the dollar appreciated. During the last half of the 1990s, they did not move together and the dollar appreciated. During the 2000s they have again moved together but the dollar has depreciated. The course will demonstrate that a single explanation can account for all three episodes.

Energy Policy. (*Donald Igo*) The central role of energy in modern life; short- and long-term outlooks for energy supply and prices; social costs associated with energy use, including oil price

spikes, military costs, and environmental costs. US energy policy options with respect to energy demand and supply and economic and political constraints on implementation.

Climate Change: Ethics and Economics.

(Donald Igo) US boycott of climate change action, despite ratification of the Kyoto Treaty by 141 countries. Barriers to US action: economic, ethical and philosophical. Climate change characteristics leading to ethical problems and issues. Guidance from tradition and recent thought. Outlook for action.

Margaret Goodman received her PhD from Columbia University after working as a university professor in New York and Hawaii. She worked at the GAO and continued her career at the Inter-American Development Bank where she evaluated development projects. She has taught two classes at ALRI during the last few years.

Gail E. Mäkinen is Adjunct Professor of Economics at Georgetown University. Prior to this appointment, he spent nearly 20 years as Specialist in Economic Policy at the Congressional Research Service and 6-1/2 years as Principal Macroeconomist at the Government Accountability Office. He is the author of numerous books, articles in professional journals and books of readings, and entries in encyclopedias.

Donald Igo retired from the US Department of Transportation where he served as Assistant for Energy Policy in the Office of the Secretary. He lectured and organized courses in economics at LRI at George Mason in Fairfax (now OLLI). He received an AB cum laude in economics from Harvard College and an MA in economics from American University.

the complex rules that govern its behavior. We will then discuss the relationship between Congress and the presidency and the unforeseen development of the President as chief legislator. Finally, we will examine various theories (and actual practice) of the voting behavior of members of Congress, the role of lobbyists and interest groups, the factors that thrust legislation onto the decision-making track, and anything else the class thinks fruitful and interesting. Expert guest speakers will provide insight into the complexities of the American legislative process:

Assigned Reading: *Congress and Its Members*, 8th ed., Roger H. Davidson and Walter J. Oleszek; *The Dance of Legislation* by Eric Redman. Syllabus will be provided at the beginning of the class.

Recommended Website: <http://thomas.loc.gov/>

We will probably take a field trip to Congress. The only cost, which is optional, will be lunch somewhere on the Hill.

Richard Barton spent twenty-two years as a lobbyist for the direct marketing industry and thirteen years prior to that on the staff of the US House of Representatives, where he served as staff director of three legislative subcommittees. He taught courses on the bureaucracy in the political system and the history of modern civilization at George Mason University and the University of North Carolina at Chapel Hill. He has an MA in Political Science from the University of North Carolina and is currently working toward a PhD in Public Policy from George Mason University.

414 The United States Congress: A Study of Sausage in the Making

Instructor: **Richard A. Barton**

- Tuesday, 11:15 – 12:45
- Oct 11 - Nov 29
- CEC
- 8 sessions

We read about Congress every day, but how many of us really know how it works? This course will begin with the constitutional origins and institutional development of Congress, including

NOTE:
Course Descriptions
Continue on Page 21.

REGISTER FOR CLASSES ON-LINE!

On September 2nd at 9 am, ALRI begins on-line registration for the fall term. On-line registration enables you to register and pay for courses with a few mouse clicks. We believe you will find our alternative system to be easy, efficient, secure, and *fast*. Say good-bye to paper forms and stamps. Another benefit of on-line registration is instant notification if you have been accepted into a course. To maximize protection, your credit card information will be encrypted and processed using the secure website run by VeriSign, the industry leader in payment processing and internet security. With on-line registration, your credit card information is never seen by ALRI.

To register for classes on-line, you must be a member with your *current* email address registered with ALRI. If you are a member but did not provide an email address when you joined, or have changed your email address, please email your current address to ALRI@ArlingtonLRI.org. Type *NEW EMAIL ADDRESS* as the subject and put your postal address and telephone number in the body of the email. You then will be able to register for classes using our on-line system within 48 hours.

Follow these steps to register for classes:

1. **Sign on to the ALRI website.** Type **www.ArlingtonLRI.org** into your web-browser. Once you have reached the ALRI website, click on the plus sign (+) beside the *On-line Transactions* button on the left side of the page. You then will see the options listed below this button.
2. **Obtain a user name and password.** Click the *Get Password* button and enter your name and e-mail address. You will receive by e-mail a temporary 8 digit password and user name which you will use to access the on-line system. You only need do this once.
3. **Change password.** You may change your password to something that is more easily remembered by clicking the *Change Password* button. Your new password can be any combination of letters, numbers or other characters.
4. **Make Payment.** Click the *Make Payment* button and enter your user name and password. You will be presented with an On-Line Payments screen where you can select the courses you want from a drop-down list.
5. **Proceed to Checkout.** Click the *Proceed To Checkout* button and then the *Submit* button. You will be transferred to a secure website for entering your credit card information.
6. **Enter Card Information.** Enter your card number and expiration date. We accept Visa and MasterCard. When complete, click the *I Authorize This Transaction* button. Your credit card account will be charged at this time.
7. **Confirmation.** You will receive an e-mail from us confirming the details of your payment. **YOU ARE REGISTERED!!**

You may download a more detailed tutorial for making on-line payments by clicking on the *View Tutorial* button on our website.

www.ArlingtonLRI.org



ALRI Membership Form

(Please use one per person)

OFFICE USE ONLY		...check
ID.....		...charge
Amount _____		...cash
Date DB _____		

Name
 First..... MI..... Last.....
 Preferred First
 or Nickname..... Title..... Suffix.....
 Sex: Male Female

Contact Information (Complete only if new member, or updating information.)
 Street..... Apt.....
 City..... State..... Zip _____ - _____
 Phone: Home or Cell (.....).....
 Email.....

Information Sharing
 Check no if information is not to be shared in member directory. A blank is assumed to be "yes."
 Name No Email No Phone # No Address No

Annual Membership Fee: \$55.00 per person
Membership: New Renewal
Donation..... ALRI is 501(c)(3) nonprofit tax-exempt organization.
 Please say where you learned of ALRI.....
 Mail form to: **Adult Education/ALRI**
 2801 Clarendon Blvd., Suite 306
 Arlington VA 22201

Payment Method (Credit card preferred for ease of processing.)
 VISA MasterCard
 Card Number
 Expires: Mo. Yr.

Sign your name as it appears on your Credit Card
 Check: Check Number _____ **Make payable to ALRI**

Fall-05

SAVE TIME -- GO ON-LINE TO UPDATE AND PAY INSTEAD!
 See page 17 for details.



ALRI Registration Form

Fall 2005

OFFICE USE ONLY ...check	
ID.....	...charge
Amountcash
Receipt #	
Date DB	

Name (please print) First _____ MI ____ Last _____

Contact Information (Complete only if updating information.)

Street _____ Apt _____

City _____ State _____ Zip _____ - _____

Phone: (____) ____ -- _____ Email _____

Information Sharing

Your Email and phone number will be available to class members unless you check "No"

Email No Phone Number No

Requested Courses List the names and numbers of each course. If you are willing to be a class aide, write "A" in the Aide column.

Course Name (Use short name)	Course #	Aide

Payment Information Mail Form To: **Adult Education/ALRI**
2801 Clarendon Blvd., Suite 306
Arlington VA 22201

\$45 (1 course) \$90 (2 courses)

\$135 (3 courses) \$180 (4 courses) \$225 (5 courses)

Payment Method (Credit card preferred for ease of processing.)

VISA MasterCard Waiver: Instructor

Card Number

Expires: Mo. Yr.

Sign your name as it appears on your Credit Card

Check: Check Number _____. **Make payable to ALRI**

(alri) 7/2005

SAVE TIME -- GO ON-LINE TO REGISTER AND PAY INSTEAD!
 See page 17 for details.



OPPORTUNITY KNOCKS!

Whether registering on-line or by paper form, please consider checking the “Aide” box. Class Aides perform a great service for ALRI as liasons between class members, instructors and ALRI. Aides track attendance, set up audiovisual equipment, distribute evaluation forms, and communicate with class members about unforeseen events such as changes in class schedules. They are a valuable source of information and insight on the needs of ALRI members in the classroom setting.

CLASS AIDES RECEIVE REIMBURSEMENT FOR PARKING EXPENSES WHILE ATTENDING THE CLASSES THEY ASSIST!

If you volunteer, the ALRI Aide Coordinator will contact you as the classes are forming. You will be invited to attend an Aides’ orientation session just before the start of the term. The Coordinator will review the procedures, answer questions, and demonstrate use of the audiovisual equipment. Aides come together again at the end of the term to compare notes on how the semester went and to discuss suggestions for improvement with the Coordinator and members of the ALRI Board.

TAKE ADVANTAGE OF THIS OPPORTUNITY. VOLUNTEER AS A CLASS AIDE WHEN YOU REGISTER.

Fall Term Courses (Continued)

418 The European Union: A Superpower in the Making?

Instructor: *Desmond Dinan*

- Thursday, 11:15 – 12:45
- Oct 27 - Nov 17
- CEC
- 4 sessions

Already an economic powerhouse, the European Union (EU) is developing a common foreign and security policy, including a military capacity. Is the EU a superpower in the making? Will it ever rival the United States as a global power? What are the economic and political limits on further European integration? Will additional enlargement help or hinder the EU's global ambitions? This course will examine the origins and development of European integration since the end of World War II, the scope of European integration today, and prospects for the EU in the near future. It will focus especially on relations between the EU and the United States.

Assigned Readings: Dinan, Desmond, *Ever Closer Union: An Introduction to European Integration*, 3rd edition (Boulder: Lynne Rienner, 2005)
Recommended Website: www.europa.eu.int

Desmond Dinan is a Professor in the School of Public Policy, George Mason University, where he holds the Jean Monnet Chair in European Public Policy.

420 Global Economy: The Key Issues and Major Players

Instructor: *Stephen F. Dachi*

- Tuesday, 3:00 – 5:00
- Sept 27 - Dec 6 (No classes Oct 25 & Nov 1)
- CEC
- 9 sessions

The world, the global economy and the politics that decide what comes next are changing at a dizzying speed. The price of gas, the country your next shirt or blouse will come from, the politics of food, energy and medicine are all in flux like never before.

This course demystifies the jargon and mumbo-jumbo we hear and read about every day, and boils it down to the political and economic realities that really make this new world function and malfunction. It is for the “normal,” educated, intellectually curious person who wonders what this world is coming to and wants to make some sense out of it all. It gives “user-friendly” capsules of key issues like the crises in global energy, agricultural subsidies, why countries go bankrupt, the World Trade Organization, NAFTA and more. It also looks at a few major players like China, India, Brazil, and Mexico among others who are setting the pace, as well as the many who are having a hard time keeping up, and why.

Stephen Dachi is an international business consultant specializing in trade, investment and development projects in Latin America, Asia, and Central Europe. He is a former Foreign Service Officer with extensive experience in global economy issues as American Consul General in Sao Paulo, Brazil; Minister Counselor at the American Embassy in New Delhi, India; and Visiting Senior Fellow at the Center for Strategic and International Studies, Washington, DC. Currently, he serves as Chairperson for South Asia Area Studies at the Foreign Service Institute, Department of State. For the last two years at ALRI, he taught a course on Political Islam.

422 International Relations on Film

Instructor: *Robert W. Gregg*

- Tuesday, 1:00 – 2:30
- Oct 11 - Nov 15
- GMU
- 6 sessions

International relations frequently dominates the news for days and weeks and even years, as events since September 11, 2001 have demonstrated. Not surprisingly, international relations is also a prominent feature of popular culture, especially film. The reason is readily apparent: film makers are drawn to subjects which put people in seats at the multiplex, and international relations, where conflict is rampant, is a proven success at the box office. Movies

about war, terrorism, espionage, and other staples of world politics have been with us for a long time. No one would argue that the Hollywood product should replace scholarly journals or in-depth reporting by the *New York Times* or *Washington Post* or on National Public Radio as a primary source of information about international relations. But for better or worse, the films we watch in the theater or from our living room couch do help to shape the way we view the unstable world in which we live. This course will explore what films do well and what they do badly as they contribute to our understanding (or misunderstanding) of the complexities of international relations. Using clips from a variety of feature films, we shall consider such issues as the treatment of history, the management of crises, globalization and the clash of cultures, religion as an eternally divisive force, and the dominant issue of our time, terrorism.

A brief syllabus, including suggested reading material, will be distributed in the first class, and handouts with suggested film viewing for the topic of the week will be available at each succeeding class. Participants may want to view in advance, *Danton*, *Thirteen Days*, *Battle of Algiers*, *Before the Rain*, and *Burn*.

Robert Gregg has taught at Wake Forest and Syracuse Universities and most recently at American University, where he was dean of its School of International Service and later professor in the fields of world politics and international organization. He held a Ford Foundation grant at the United Nations, a Fulbright grant in New Zealand and also served in the State Department. His most recent book is entitled *International Relations on Film*.



510 Enjoying the Poetry of Robert Frost

Instructor: *Lesley Lee Francis*

- Thursday, 1:00 – 2:30
- Oct 6 - Nov 10
- MAD
- 6 sessions

Some of you will recall the inauguration of President Kennedy on a bitterly cold day, when Robert Frost spoke from memory the historic words of "The Gift Outright." Most will remember from childhood such popular favorites as "Stopping by Woods on a Snowy Evening" and "The Road Not Taken."

This course will explore the four-time Pulitzer Prize winner's poetry from a variety of perspectives. The instructor, the poet's granddaughter and a professor of Spanish language and literature, brings her extensive publications on Frost and her personal experience to this study of the poet's rich and varied verse.

Required Text: *Robert Frost: Collected Poems, Prose & Plays* (The Library of America 1995), available at bookstores or Amazon.com

Recommended Readings: Individual poems to be assigned each class

Lesley Lee Francis is the granddaughter of Robert Frost. Currently Scholar-in-Residence and Adjunct Professor of Spanish at Shenandoah University, she has lectured and published extensively on Frost. Her biographical study, *Robert Frost: An Adventure in Poetry, 1900-1918*, published in paperback in 2004.

515 Creative Writing for Fun and Profit

Instructor: *Cherie Toll Bottum*

- Tuesday, 9:00 – 11:00
- Oct 18 - Dec 6
- CEC
- 8 sessions
- Minimum of 8, maximum of 20, participants

In this class, you can make the connections between your past career writing and writing for a wider audience and/or publishing. Join other writers as you explore new forms like personal essays, writing your memoirs, or fiction. The class will be in semi-workshop form as we read and critique each other's work. Learn how to recognize the seed of a good idea and to develop it all the way to a publishable article – or even a book. With encouragement and expertise, I will give personal feedback to each writer in developing skills, persistence, and strategies for success.

Topics will cover a wide range and will include: Getting Started; Writing Strategies; Persuasive Writing; Analyzing Articles and Essays; Building Interview Skills; Query Letters, and Exploring Markets for Publishing. Fiction topics will include Essentials of Plot, Contrasting Scenes, Believable Characters, and Lively Dialogue.

Assigned Readings: Handouts from instructor
Recommended Readings: *The Washington Post* and other publications, plus a reading list to be provided

Cherie Toll Bottum is a writer, editor, and teacher. She has published articles and essays in five different sections of the *Washington Post*, including humor on the op-ed page, and in *Good Housekeeping* and *Family Circle*. She has taught creative writing at the University of Virginia – Northern Virginia Center in Falls Church. She was managing editor of the academic journal, *College Teaching*, for twenty-five years.

520 The Bible: A Public Policy Perspective

Instructor: **Stephen R. Ruth**

- Wednesday, 3:00-4:30
- Sept 28 - Nov 2
- CEC
- 6 sessions

The Bible, including the Old and New Testaments, is often quoted and misquoted in the context of the political process. Bible passages are used to explain and defend positions on a range of public policy issues, from marriage laws to welfare and warfare. How can we judge whether such references are appropriate?

During this course, we will examine selections from the Bible related to major areas of public policy. These areas will include: governmental power; land conservation and management; marriage and the family; human rights; social welfare; war policies; and others that may be of particular interest to the class. In presenting Bible references, the instructor will give them historical perspective, describing the people, places and conditions involved in each story. Equal emphasis will be placed on the New and Old Testaments. The class will have the opportunity to discuss

whether these passages are relevant to policy decisions today.

The course will not be doctrinal and is not aimed at any single faith group. No detailed knowledge of the Bible is needed or expected. However, it would be helpful for each person to bring a Bible to class.

Stephen Ruth is a Professor in the School of Public Policy at George Mason University, specializing in technology diffusion in developing countries. After studying the Old and New Testaments for decades, he recently finished a book of reflections on the Bible, and he offers a weekly program on Northern Virginia Cable TV based on the subject of this course.

525 Comedy in the City

Instructor: **Tom Dunlap**

- Wednesday, 1:00 – 2:30 (Except Oct 12 & Oct 19 – 1:00 – 3:00)
- Sept 28 - Nov 9
- CEC
- 7 sessions
- Maximum of 14 participants

“What is the city but the people?... And Lord, what (entertaining) fools these mortals be!” This course will be a not-too-serious seminar on what makes us laugh and an exploration of the nugget of truth that lies behind our laughter. Three writers, J.D. Salinger, Woody Allen and Jerry Seinfeld, set their stories in New York City and use city life as a way to explore the human condition. (What does it all add up to?) The course will explore these writers’ stories, their comic characters and the sly art of comedy. We will watch 2 full-length movies and 2 Seinfeld episodes in class; popcorn is optional. There will be plenty of time for round-the-table discussions.

Assigned Reading: *Franny and Zooey* by J.D. Salinger

Tom Dunlap holds a Master’s Degree in English Literature from the University of Michigan, where he was a Teaching Fellow. He has experience teaching adults in informal settings. Through working at the Folger Shakespeare Theatre and Arena Stage, he gained insights into play production from backstage and from the audience’s point of view. And, he feels that comedy techniques that work in the theater (where scripted comedy began) also are at work in novels, movies and TV.



Science and Technology

603 Naturalist's Tour of Arlington

Instructor: *Martin Ogle*

- Wednesday, 1:30 – 3:30
- Sept 28 - Oct 26
- Varied Arlington locations
- 5 sessions
- Maximum of 18 participants

In five weekly field trips, the chief Naturalist of the Northern Virginia Regional Park Authority will introduce students to the varied ways nature has shaped Arlington, once basically rural, then suburban, and now, increasingly, urban. The course will open at Potomac Overlook Regional Park nature center and will then progress to different locations each week: Upton Hill Regional Park, Four Mile Run, Chain Bridge area, and Theodore Roosevelt Island. The group will explore the natural (and sometimes human) history of each area, with an underlying emphasis on the geological setting that has determined this area's character.

Recommended Website: www.nvrpa.org and www.potomacoverlook.org

Martin Ogle has been Chief Naturalist for the Northern Virginia Regional Park Authority since 1985. He earned his BS and MS in Wildlife Biology from Colorado State University and Virginia Tech., respectively. He has given a naturalist's eye view of the region in courses and lectures for more than a decade, including sessions for the Smithsonian Institution, the US Department of Agriculture Graduate School, and the Arlington Public Library.

608 Food Science and Technology in the Kitchen

Instructor: *Herbert Weinstein*

- Wednesday, 2:30 – 4:00
- Oct 26 - Dec 7 (No class Nov 23)
- CEC
- 6 Sessions

Covering areas not addressed in his previous courses, the instructor will focus on obtaining the

best aspects of food products in the home kitchen. The course will spotlight the different food groups, classified by their origin and by their basic components. Examples are milk and dairy products; meat and meat products; flours and baked goods; chocolate and confectionary products, etc. Discover in simple and understandable terms of food science and technology how food categories came to be, how products are manufactured and/or preserved, and the nature of their different compositions, flavors, colors and textures. Preparation and conservation as well as retention of the nutritional aspects of the food products will be considered. Processing techniques such as canning, drying and other preservation methods will be explained with examples and with emphasis on those techniques that most affect how food is used during preparation. By acquiring new knowledge of how food is conserved and preserved for consumption from its "natural state" until it reaches the kitchen, participants should leave with a greater understanding of how to utilize foods at home for the best flavor, textures, and nutritional benefits.

Herbert (Herb) Weinstein earned his chemical engineering degree from the Universidad Nacional Autonoma de Mexico and his MSc and PhD in Food Science and Technology from the Massachusetts Institute of Technology. He has 30+ years of industrial experience (General Foods, now Kraft Foods, and Unilever) in most technical aspects of food manufacturing, distribution, logistics, product development, quality control, quality assurance, and management. Today, he is a consultant.

610 Science in Everyday Life

Instructor: *Jack Finarelli*

- Wednesday, 11:15 – 12:45
- Oct 5 - Oct 26
- MAD
- 4 sessions

What is going on in your washing machine as you do the laundry? What is the basic science of the weather? Why are there potholes in the roads every winter? These and many other questions will be considered. Science underlies many routine activities and many events in the daily news. While a full understanding of this science may be complex and take years of study to

understand, there are many basic principles that can help us all to understand why things are the way they are. These classes will present and discuss some of the basic principles involved with things we see every day. This course is intended for people who recognize that they only took science courses because the school they went to required them to take such courses – the very reason the instructor took a foreign language in college. It will probably not be very interesting to anyone who studied science seriously.

Jack Finarelli, BA in Chemistry, 1965; PhD in Chemistry, 1970; retired from the CIA after 31 years working in research, development and engineering. When not refereeing basketball games, he is an internet sports columnist.



Social Sciences

702 Power of the Press: The Making of *The Washington Post*

Instructors: *Washington Post Speakers Bureau*

- Wednesday, 10:00 – 11:30
- Oct 19 - Nov 30
- CEC
- 7 sessions

Class sessions will include lecture and discussion of the following topics with key reporters and editors:

1. **Ethics in Journalism** What are the ethical considerations a writer must contemplate when writing a story? Ethical shortfalls of the media and the public reaction. Has the ethical bar been lowered in the media due to the commercialization of TV and cable? Relevance of anonymous sources?
2. **First Amendment Issues** How the First Amendment impacts the writing of a story, gathering information and selecting sources. Can “Freedom of the Press” sometimes be carried too far? The scope of First Amendment protection.
3. **The Role of Newspapers Today** How has the introduction of TV, cable and now bloggers

on the internet changed newspaper coverage? The role of the media in the next century and how it might change.

4. **War Coverage: Afghanistan and Iraq** The decision-making process for war coverage. Coverage by embedded reporters and how it can impact their stories. Can reporters maintain their objectivity when they are so close to those doing the fighting? The human side of war for correspondents.
5. **Covering Health Care Issues** The hottest health care topics that make the news today. At what depth should these issues be covered? The effect of demographic trends in America and the possible changes in health care focus and coverage.
6. **Editorials: The Decision-Making Process** The Editorial Board and its relation to the publisher of the paper. The process for editorial decision on a daily basis. Selection of syndicated columns for the Op Ed page.
7. **History of *The Washington Post*** The history and business side of operating the paper will be presented by Ev Small, Senior Researcher, The Washington Post Company, Contributing Editor - Book World, *The Washington Post*.

Instructors will be from the reporters and editors of *The Washington Post* staff. Their names are familiar to all of us. **David Broder, Nora Boustany, Fred Hiatt, Colby King, Jackson Diehl**, to name a few. The course will be taught by those reporters and editors who can be made available on the days when classes meet.

706 Alternatives to Violence

Instructor: *Michael Timpone*

- Wednesday, 11:15 – 12:45
- Sept 28 - Nov 16
- MAD
- 8 sessions
- Minimum of 10, maximum of 15, participants

This reading-and-discussion seminar will review the development of nonviolent strategies for political and social change around the world during the past century. The class will examine the works and thoughts of Mahatma Gandhi, Martin Luther

King, Jr., Leo Tolstoy, Dorothy Day, The Dalai Lama, Lech Walesa, Archbishop Tutu, and other prominent thinkers and activists. Course materials will include *Solutions to Violence*, a book of readings from Colman McCarthy's Center for Teaching Peace, and the PBS video series *A Force More Powerful*. Participants will also be asked to explore and report briefly on some aspect of nonviolent thought or action – interpersonal, local, national, or international – of particular interest to them.

Recommended Readings: Coleman McCarthy, *Solutions to Violence* (Center for Teaching Peace); Gene Sharp, *There Are Realistic Alternatives* (Albert Einstein Institution) can be downloaded at www.aeinstein.org
Recommended Website: www.aeinstein.org

Michael Timpane organized and led this course at ALRI in fall 2003. He has been a member and chair of the Arlington School Board, President of Columbia University Teachers College, and leader of the Aspen Institute's Education Program. Michael Timpane has a BA and MA from Catholic University, MPA from Harvard, and honorary doctorates from Catholic University and Wagner College.

708 Essentials of Islam

Instructor: **Jerusha Lamptey**

- Thursday, 9:30 – 11:00
- Oct 6 - Nov 10
- CEC
- 6 sessions

What is the Islamic conception of God? What is the Islamic worldview? How does Islam view men and women? What is the connection between Islam and Judaism and Christianity? What is the relationship between Islam and the "West?" Although Islam has become an increasingly common topic in recent years, the second largest religion in the world nevertheless remains widely misunderstood and misrepresented. Through presentations, readings, discussions, and other media, this course will introduce the historical origins of Islam (including the relationship between Islam and other Abrahamic religions); the normative beliefs and practices of Islam; and the current status of Islam in the world, with special emphasis on Islam in America. It will also discuss the dynamics of culture and change in reference

to Islam. In this course, students will gain a better understanding of Islam, its beliefs and practices, its relationship with other religions, and its role in the world today. Students will also gain the skills and information with which to critically analyze contemporary discourse and events involving Islam.

Recommended Reading: *The Meaning of the Qur'an*, translation by Yusuf Ali (reading packet to be photocopied and distributed in first class).
Optional visit to the All Dulles Area Muslim Society (ADAMS) in Sterling, VA, to be arranged

Jerusha Lamptey is an anthropologist with a BA in anthropology and religion from American University and an MA in Islamic Sciences from Graduate School of Islamic and Social Sciences (GSISS). She has conducted research on religion as a Fulbright Scholar and for the Smithsonian Institution. A convert to Islam, she currently teaches and writes on culture and Islam.

711 The Enneagram: A Guide to Understanding Yourself and Others

Instructor: **Marilyn F. Williams**

- Tuesday, 1:00 – 2:30
- Sept 27 - Nov 15
- CEC
- 8 sessions

The Enneagram has been described as a more in-depth "Myers-Briggs" personality inventory that enables people to identify their personality type, but more importantly, helps them uncover the motivating factors that produce their behaviors. This course is designed to help you discover and understand life patterns and places where you are stuck and to map new and effective strategies to maximize your potential. This is a dynamic and lively course where students both participate and learn from one another.

Although not required, a recommended text for those interested is *The Enneagram in Love and Work*, by Helen Palmer.

Marilyn Williams, LCSW, is a professional psychotherapist, consultant and speaker. As a certified Enneagram teacher, she uses this tool to help people identify their personality types and uncover what motivates their action or inaction. She has taught this course twice before at ALRI.

712 Planning in Arlington

Instructors: *Arlington County Staff*

- Thursday, 10:30 – 12:00
- Oct 20 – Dec 8 (No Class Nov 24)
- CEC
- 7 sessions
- Maximum of 10 participants

Arlington is a small but complex jurisdiction. The population density of its 26 square miles is 7,685 persons per square mile. Today, Arlington has more office space than downtown Los Angeles, Seattle, or Atlanta. Have you ever wondered how we got here, where we are going and how things are planned for in Arlington? This course is designed to give you a basic understanding of how Arlington's planning works. It will give you an overview of its planning history and an introduction into the many aspects of County government that must be planned and coordinated in order for a complex urban jurisdiction to function and thrive. The course will consist of seven sessions each taught by representatives of Arlington County government. It will be moderated by Bob Brosnan who has been the Planning Director for 17 years.

1. **Overview Planning in Arlington — What Is the Plan – Comprehensive Plan.** (*Bob Brosnan*) In this introductory session, Mr. Brosnan will provide an overview of the history of planning in Arlington. He will discuss what planning is and what planners do. He will introduce the concept of the Comprehensive Plan, the General Land Use Plan, zoning, planning processes and some of the planning tools used.

Bob Brosnan is Planning Director of Arlington County. He has worked in Arlington for 27 years. He oversees the Development Review Process, Comprehensive Planning, Zoning Administration and Code Enforcement. He holds a Master's of City and Regional Planning from Catholic University, and a BA in Business Administration in Management from Georgetown University.

2. **Who Are We and Where Are We Going?** (*Justin Clarke*) This session focuses on understanding our demographics. The session will include a slide show on Arlington demographics from 1900 to 2000, a quiz to test your knowledge of Arlington and an overview of some of the key information from

the 2000 Census. It will also review how Arlington projects population growth to assist in planning and how Arlington's efforts fit into a regional planning context.

Justin Clarke is a planner with the Research and Analysis Team of the Planning Division. He oversees the preparation of demographic reports and data including population and employment forecasts for the County. He has a BA in Geology from Carleton College and a Master's degree in Urban and Environmental Planning from the University of Virginia.

3. **The Zoning Ordinance.** (*Bob Brosnan*) This session will introduce the Zoning Ordinance. Starting with the State enabling legislation, it will discuss the details of Arlington's Ordinance. It will help you understand planner terms such as the difference between by-right and site plan development and what "FAR" means. It will also familiarize the class with development typical of each zoning district.
4. **Transportation and Infrastructure.** (*John Mausert-Mooney, Mark Kellogg, Jim Snyder*) This session will cover two topics: transportation and infrastructure. It will be hosted at the Trades Center and will include a tour of the Trades Center and the Waste Treatment Facility. The first part of the session will focus on transportation and will introduce the overall picture in transportation: who does what for federal/state/regional/local agencies, and how funding works. The history of Arlington's transportation planning and its regional context will also be discussed. The Lecturer will discuss future issues that will greatly affect Arlington.

The second part of the session will discuss basic infrastructure such as drinking water (where it comes from, how it is distributed, quality issues), sanitary sewer (collection, treatment, standards, plant expansion, regional co-operation), storm sewer (current practices, past practices, and new water quality initiatives) and solid waste (refuse collection recycling, leaf collection and earth products recycling).

Field Trip: to Trades Center and the Waste Treatment Facility

John Mausert-Mooney is Director of Utilities and Environmental Policy. He has been in local government management for 25 years. He has a Master's degree in Public Administration and a PhD in philosophy.

Mark Kellogg is bureau chief for planning in Arlington Division of Transportation (part of new Department of Environmental Services). He has Civil Engineering degrees (BS and MS) specializing in Transportation Planning from Virginia Tech.

Jim Snyder oversees current and comprehensive planning. He has a Bachelor's degree in City Planning from the University of Virginia.

5. Housing and Neighborhoods. (*Ken Aughenbaugh, Chris Nixon*) Arlington is facing a crisis of availability of affordable housing. The presenters will discuss housing needs, affordable housing policies and programs as well as some of the current large issues being debated. Arlington also has a history of strong single-family neighborhoods. An overview of the Neighborhood Conservation Program, Arlington's award winning neighborhood planning program, will be included.

Ken Aughenbaugh is the Housing Director for Arlington County. He is responsible for overseeing the County's Housing Development Programs, Community Development Block Grant Program, Housing Services (including home ownership) programs and Housing Planning efforts. He attended Goddard College in Vermont and the USDA Graduate School in Washington, DC.

Chris Nixon is coordinator of Arlington County's Neighborhood Conservation Program. Prior to joining Arlington County, she spent over twenty years working for the state of Maryland in a variety of positions. An Arlington resident since childhood, she has an MA in Political Science from the University of Maryland.

6. Open Space. (*Lisa Grandle, Robert Corletta, Angela Adams*) This session provides a comprehensive overview of parks and open space planning as well as public art and urban forestry. It will cover the Public Spaces Master Plan, the Public Art Master Plan, and the Urban Forestry Master Plan and a review of major parks initiatives such as the North Tract and other Park Master Plans. It will also discuss Arlington's partnerships with federal and regional agencies.

Lisa Grandle is Park Development Division Chief, Department of Parks, Recreation and Cultural Resources.

She has a Master's in Public Administration from George Mason University and a BS in Parks and Recreation from West Virginia University.

Robert Corletta is Urban Forester, Department of Parks, Recreation and Cultural Resources. His responsibilities have included development and implementation of the Urban Forest Master Plan and implementation of the Tree Preservation Ordinance. He has a Master's of Forest Resources from the University of Washington and a BA in Biology from New College of Florida.

Angela Adams is Public and Community Art Administration responsible for Cultural Affairs, Department of Parks, Recreation and Cultural Resources. She is responsible for overseeing planning and implementation of the County's public and community art programs. She has a Master's in the History of Art from the University of Michigan and a BA in Art History from the College of Wooster, Ohio.

7. Economic Development, Fiscal Planning and the CIP. (*Terry Holzheimer, Barbara Donnellan, Randy Bartlett*) In this session the class will understand the Arlington economy, the role of small business and what economic development efforts Arlington has under way. It will also introduce its fiscal policies and the budget. Lastly, it will introduce the Capital Improvement Program (CIP). It will present how Arlington plans for public improvements, how CIP and master plans relate, review the 5-year CIP project types and funding sources, explain project implementation and ongoing operational costs.

Terry Holzheimer is the Director of Economic Development. He has a BA in Economics from the University of Florida, studied Urban and Regional Planning at the University of Miami, and is currently completing a PhD in Public Policy at George Mason University.

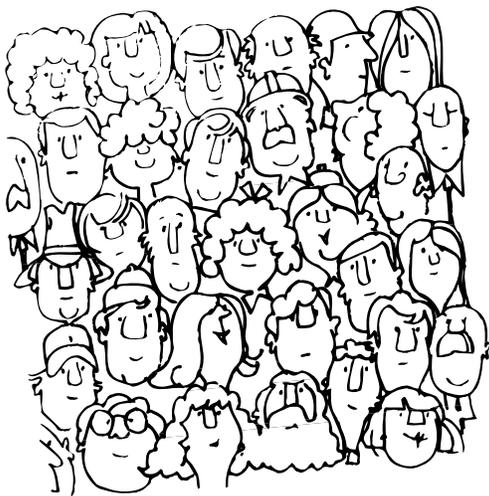
Barbara Donnellan is the Director of Budget and Finance. She has been Director of Libraries and Senior Tax Policy Coordinator. Prior to Arlington County, she worked in the Office of Management and Budget in New York. She has a BA in Public Administration from St. John's University.

Randy Bartlett is Director of the Arlington County Department of Environmental Services. He was formerly responsible for street maintenance, water distribution, sewage collection, and storm water maintenance. Prior to joining Arlington County, he was the Director of Public Works in Blacksburg, Virginia.

Recommended Readings: To be provided at session 1.

See field trip, session 4.

COME TO OUR OPEN HOUSE



**Meet the Instructors
and join us for light refreshments**

**George Mason University - Virginia Square Campus
3401 N. Fairfax Drive, Room 329
Arlington, VA**

Friday, September 9th

9 am - Noon

**Parking available or take the Metro's Orange Line to the
VA Square Station**

SPECIAL EVENTS FOR ALRI MEMBERS

Special Events Team members are constantly working with various organizations to prepare special events for ALRI members throughout 2005-6. Look for updates in the ALRI quarterly newsletter, at the September 9, 2005 Open House, and on the ALRI website. As time for registering for an event nears, information about that event will be added to the website and to the Special Events option on the ALRI telephone system, 703-228-2144.

Mark your calendar for:

Wednesday, September 14, 2005, 11:00 am

Tour of the National Shrine of the Immaculate Conception

ALRI is presenting a docent-led tour of this Neo-Byzantine Roman Catholic Basilica, the largest Catholic church in the United States and one of the largest in the world.

Wednesday, September 21, 2005, 1:00 pm

The Octagon House Tour

ALRI's Bobbie Gladstein will conduct a tour of The Octagon House, the oldest museum in the United States dedicated to architecture and design and one of the best examples of Federal period architecture in the country.

Sunday, December 11, 2005, 4:00 pm

'Tis the Season - Alexandria Choral Society's Annual Holiday Concert

at the George Washington National Masonic Memorial

The Alexandria Choral Society, ACS Children's Chorus and the Metropolitan Brass Quintet celebrate the holidays with old and new seasonal music with spectacular brass, organ and piano accompaniment. In addition, those attending the concert will be the first to hear the world premieres of the winning compositions of ACS's first Annual Choral Competition. A group discount price will be available.

SPECIAL EVENTS - Continued

- **Meet the Author Series**

Join other members as ALRI hosts literary events scheduled throughout the year, featuring noted authors as they read and discuss recently published books. These events will be announced as soon as they are finalized.

- **By member requests, additional National Symphony Orchestra Rehearsals**
- **In Early October: A guided tour of a Sackler Gallery exhibit**
- **End of October: Tour of renovated Strathmore Center**
- **November: Guided tour of the Arlington County Detention Facilities (ACDF)**
- **1st week of December: A guided tour to the Winslow Homer exhibit**

The choice and variety will give many members a chance to join us on one or more Special Events dates.

Please follow the internet postings and special events announcements for dates and details!

The Special Events Team invites you to join our monthly planning meetings and welcomes your suggestions for new events. Leave a message at the ALRI number, 703-228-2144, and a team member will enthusiastically respond.

Check our Website for the Latest in Special Events!!

www.ArlingtonLRI.org

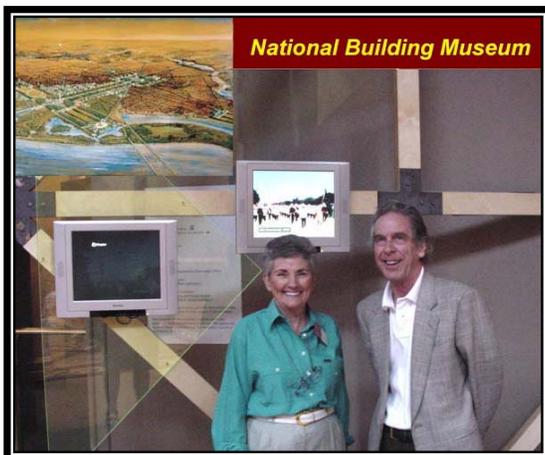
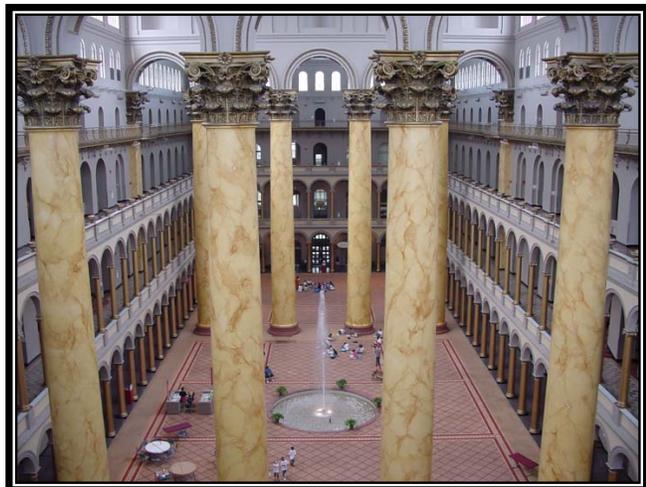
ALRI Photo Album

Here is a look back at some events from the past summer.
Were you there?

In May, the ALRI Board of Directors honored all of its volunteers with a brunch at the NRECA building. Guests included instructors from our fall 2004 and spring 2005 courses, class aides, and committee members. Door prizes included the floral table decorations and the ever-popular ALRI mugs, pens, and t-shirts.



On July 13, 2005, ALRI members joined Bobby Gladstein for a look at this historic example of late 19th century public institutions. We explored one of the most beautiful and architecturally interesting buildings in DC, built after the Civil War to house the Pensions Bureau. After the building tour, the group met with Mr. Don Alexander



Hawkins, curator of the current exhibition *Washington: Symbol and City*, for a discussion of the meaning of the District of Columbia not only as the nation's capital, but also as home to many culturally diverse people. This was just one of many Special Events hosted by ALRI this year.

Bobby Gladstein and Don Hawkins

Alphabetical List of Courses

SHORT TITLE	DAY	TIME	START	SITE*	COURSE NO.**
Alternatives to Violence	Wed	11:15 AM	Sep 28	MAD	706
Bible and Public Policy	Wed	3:00 PM	Sep 28	CEC	520
Comedy in the City	Wed	1:00 PM	Sep 28	CEC	525
Creative Writing	Tue	9:00 AM	Oct 18	CEC	515
Dance as Art	Wed	3:00 PM	Oct 5	GMU	120
Enneagram	Tue	1:00 PM	Sep 27	CEC	711
Estate Planning	Wed	1:00 PM	Oct 19	MAD	202
EU Superpower?	Thur	11:15AM	Oct 27	CEC	418
Everyday Science	Wed	11:15 AM	Oct 5	MAD	610
Food Science	Wed	2:30 PM	Oct 26	CEC	608
Global Economy	Tue	3:00 PM	Sep 27	CEC	420
Health Care	Wed	9:00 AM	Oct 19	MU	210
Inspiration in the Arts	Thur	1:00 PM	Oct 20	GMU	108
International Relations on Film	Tue	1:00 PM	Oct 11	GMU	422
Islam	Thur	9:30 AM	Oct 6	CEC	708
Lee vs. Grant	Mon	9:30 AM	Sep 26	CEC	314
Museum Tours	Wed	10:30 AM	Sep 28	Varies	118
Naturalist's Tour	Wed	1:30 PM	Sep 28	Varies	603
Opera's Top Ten	Tue	1:00 PM	Sep 27	CEC	103
Ottoman Empire	Tue	9:00 AM	Sep 27	MU	313
Perspectives in World History	Tue	10:00 AM	Sep 27	GMU	310
Planning in Arlington	Thur	10:30 AM	Oct 20	CEC	712
Poetry of Robert Frost	Thur	1:00 PM	Oct 6	MAD	510
Power of the Press	Wed	10:00 AM	Oct 19	CEC	702
Public Policy Issues	Mon	10:00 AM	Oct 17	CEC	410
Remember the Ladies CANCELLED	Tue	11:15 AM	Sep 27	GM	322
Science and Medicine	Thur	1:00 PM	Sep 29	GMU	204
Theatrical Costume Design	Mon	3:30 PM	Sep 26	CEC	114
US Congress	Tue	11:15 AM	Oct 11	CEC	414
Vesuvius and Pompeii	Thur	10:30 AM	Sep 29	MAD	303
Washington's City	Mon	10:30 AM	Oct 17	CEC	109

* Explanations of Site codes appear inside back cover.

** Course numbers appear sequentially in the catalog together with full titles, descriptions and instructor information.

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Course and Instructor

Alternatives to Violence	706	Michael Timpane
Bible and Public Policy	520	Stephen R. Ruth
Comedy in the City	525	Tom Dunlap
Creative Writing	515	Cherie Toll Bottum
Dance as Art	120	Dan Joyce
Enneagram	711	Marilyn F. Williams
Estate Planning	202	Sarah Parks
EU Superpower?	418	Desmond Dinan
Everyday Science	610	Jack Finarelli
Food Science	608	Herbert Weinstein
Global Economy	420	Stephen F. Dachi
Health Care	210	N. Thomas Connally
Inspiration in the Arts	108	Marion Deshmukh
Inspiration in the Arts	108	Roger Lathbury
Inspiration in the Arts	108	Jim Lepore
Inspiration in the Arts	108	Daniele C. Struppa
International Relations on Film	422	Robert W. Gregg
Islam	708	Jerusha Lamptey
Lee vs. Grant	314	Robert Stone
Museum Tours	118	John M. Schnorrenberg
Naturalist's Tour	603	Martin Ogle
Opera's Top Ten	103	John Edward Niles
Ottoman Empire	313	Oscar Clyatt
Perspectives in World History	310	Peter N. Stearns
Planning in Arlington	712	Bob Brosnan, moderator
Poetry of Robert Frost	510	Lesley Lee Francis
Power of the Press	702	Washington Post Speakers
Public Policy Issues	410	Margaret Goodman
Public Policy Issues	410	Donald Igo
Public Policy Issues	410	Gail E. Makinen
Remember the Ladies CANCELLED		Barbara Schnorrenberg
Science and Medicine	204	Ancha Baranova
Science and Medicine	204	Daniel N. Cox
Science and Medicine	204	Michael Emsley
Science and Medicine	204	Wm. Lloyd Glover, Jr.
Science and Medicine	204	Geraldine Grant
Science and Medicine	204	Monique van Hoek
Science and Medicine	204	Yuntao Wu
Theatrical Costume Design	114	Howard Vincent Kurtz
US Congress	414	Richard A. Barton
Vesuvius and Pompeii	303	Thomas K. Wukitsch
Washington's City	109	Don Hawkins

Instructor and Course

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Jim Lepore	108	Inspiration in the Arts
Gail E. Makinen	410	Public Policy Issues
John Edward Niles	103	Opera's Top Ten
Martin Ogle	603	Naturalist's Tour
Sarah Parks	202	Estate Planning
Stephen R. Ruth	520	Bible and Public Policy
Barbara Schnorrenberg CANCELLED		Remember the Ladies
John M. Schnorrenberg	118	Museum Tours
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Robert Stone	314	Lee vs. Grant
Daniele C. Struppa	108	Inspiration in the Arts
Michael Timpane	706	Alternatives to Violence
Monique van Hoek	204	Science and Medicine
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Marilyn F. Williams	711	Enneagram
Yuntao Wu	204	Science and Medicine
Thomas K. Wukitsch	303	Vesuvius and Pompeii

Courses by Calendar View

	Monday	Tuesday	Wednesday	Thursday
M O R N I N G	9:30 CEC (314) Lee vs. Grant 9/26-11/28 (no class 10/10)	9:00 MU (313) Ottoman Empire 9/27-11/29	9:00 MU (210) Health Care 10/19-12/7	9:30 CEC (708) Islam 10/6-11/10
	10:00 CEC (410) Public Policy Issues 10/17-11/21	9:00 CEC (515) Creative Writing 10/18-12/6	10:00 CEC (702) Power of the Press	10:30 MAD (303) Vesuvius and Pompeii 9/29-12/8 (no class 11/24)
	10:30 CEC (109) Washington's City 10/17-11/21	10:00 GMU (310) Perspectives in World History 9/27-10/18	10:30 Varies (118) Museum Tours 9/28-11/23 (no class 10/12)	10:30 CEC (712) Planning in Arlington 10/20-12/8 (no class 11/24)
M I D D A Y		11:15 CEC (414) US Congress 10/11-11/29	11:15 MAD (706) Alternatives to Violence 9/28-11/16	11:15 CEC (418) EU Superpower? 10/27-11/17
			11:15 MAD (610) Everyday Science 10/5-10/26	
A F T E R N O O N		1:00 CEC (103) Opera's Top Ten 9/27-11/1	1:00 CEC (525) Comedy in the City 9/28-11/9	1:00 GMU (204) Science and Medicine 9/29-11/17
		1:00 CEC (711) Enneagram 9/27-11/15	1:30 Varies (603) Naturalist's Tours 9/28-10/26	1:00 MAD (202) Estate Planning 10/19-11/23
		1:00 GMU (422) International Relations on Film 10/11-11/15		2:30 CEC (608) Food Science 10/26-12/7 (no class 11/23)
	3:30 CEC (114) Theatrical Costume Design 9/26-10/31 (no class 10/10)	3:00 CEC (420) Global Economy 9/27-12/6 (no class 10/25 or 11/1)	3:00 CEC (520) Bible and Public Policy 9/28-11/2	3:00 GMU (120) Dance as Art 10/5-11/16

Course numbers appear in brackets in the boxes above. There are no Friday classes.

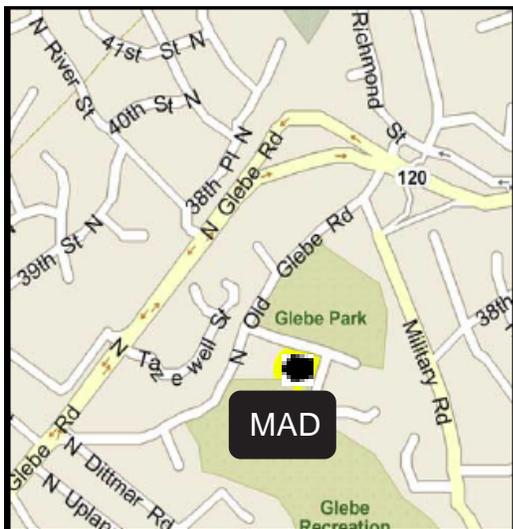
MAPS AND DIRECTIONS



METRO CORRIDOR MAP - CEC, GMU, LV, MU

ALRI MAP SITES

MADISON CENTER (MAD)



SITES	PARKING			METRO RAIL STATION ❖ OR BUS ROUTE
	Pay Lot	Free Lot	Meter on Street	
CEC Clarendon Education Center 2801 Clarendon Blvd	■		■	Clarendon station - walk 3 blocks
GMU George Mason University - VA Sq 3401 N Fairfax Dr			■	VA Square station - walk 3 blocks
LV Lyon Village Community House 1920 N Highland St		■	Some free	Metrobus 3A,B,E; - walk 2 blocks Clarendon station - walk 6 blocks
MAD Madison Community Center 3829 N Stafford St		■		ART53 bus - near parking lot
MU Marymount University - Ballston 1000 Glebe Rd		■		Ballston station - walk 4 blocks

❖ All MetroRail stations are on the ORANGE Line.

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